

Manual Handling

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| Overview | <p>With the wide range of handling equipment available, in the form of slide sheets, hand blocks, rope ladders etc., it is no longer acceptable practice to LIFT people as a matter of course. Lifting can only be justified in extreme or emergency situations. All handling operations should be assessed and a safe method identified. This will ensure the health and safety of both employees and others, reducing and preventing occupational injuries.</p> <p>There are a variety of safe people handling techniques. It is assumed that the person is medically fit to be moved, that the bed has been secured by brakes etc., and the bed height is adjusted to an appropriate height.</p> |
| Course Programme | <p>The course programme meets the legal requirements of the Manual Handling Operations Regulation 1992.</p> <ul style="list-style-type: none">▪ Manual Handling Equipment & Techniques – including chair to chair transfers, turning a person in bed, sitting a person up in bed, moving a person in bed - with slide sheets and hoists among other things▪ Principles of moving and handling▪ Unsafe moving practises▪ Ergonomics▪ Posture▪ Causes of Back Pain▪ Hazard & Risk▪ Anatomy of the spine▪ The legal framework – including the Health & Safety at Work Act and the Manual Handling Operations Regulations▪ Duties of the employer/employee. |
| Assessment Method | Ongoing assessment throughout the course |
| Duration | 1 day |
| Qualification | Certificate in Manual Handling |
| Price | £60 |
| More Information | For further information about this course or to reserve your place please contact us on 08456 250 250 or email info@skillsbase.co.uk |